

# COURSE OVERVIEW

**Course Name:**  
(MC-CBTF)  
COBIT5 Foundation

**COURSE DURATION: 3 Days**

**Gauteng:**

3rd Floor, 34 Whitely Road  
Melrose Arch  
Johannesburg  
2196

**Gauteng:**

192 on Bram  
192 Bram Fischer Drive  
Ferndale, Randburg  
Johannesburg  
2160

**Cape Town:**


3rd Floor, Thomas Pattullo Building  
19 Jan Smuts St  
Cape Town  
8000

**Durban:**

9 Mountview Close  
Broadlands  
Mount Edgecombe  
Durban  
4302

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## INTRODUCTION

COBIT 5 provides a comprehensive framework that assists enterprises in achieving their objectives for the governance and management of enterprise IT. It helps enterprises create optimal value from IT by maintaining a balance between realizing benefits, and optimizing risk levels and resource use. COBIT 5 enables IT to be governed and managed in a holistic manner for the entire enterprise, taking in both the full end-to-end business and IT functional areas of responsibility, while considering the IT-related interests of internal and external stakeholders. COBIT 5 is generic and useful for enterprises of all sizes, including commercial, not-for-profit, or public sector.

In this course interactive course, you will learn about the need for an IT governance framework and how COBIT addresses this need by providing the latest insights into enterprise-wide governance of IT. Using a logical and example-driven approach, you will cover the elements and supporting materials of the COBIT framework.

## DELIVERY METHOD

Our courses have flexible delivery options:

- In-person classroom training at the Impactful training facilities
  - Johannesburg, Durban, Cape Town
- Virtual instructor-led training
- Nationally: on-site at the client

## INTENDED AUDIENCE

Business managers, IT management consultants, IT governance professionals, and auditors who wish to gain a better understanding of COBIT 5 and what it can provide their organization.

## PREREQUISITES

There are no formal prerequisites. However, it is recommended that you have experience in the IT governance domain.

## COURSE OBJECTIVES

- Key challenges of using IT
- IT governance concepts and benefits
- COBIT 5 framework, principles, and enablers
- Relationship between stakeholder needs and governance
- Implementation approach for using COBIT 5
- Structure of COBIT 5 process reference model
- Governance and management domains
- Components of COBIT 5 processes
- Need for capability assessments
- COBIT 5 ISO/IEC 15504 approach
- Application of COBIT 4 maturity model approach with COBIT 5
- Other COBIT 5 enablers for IT governance and management

## COURSE CONTENT

### Day 1

- IT Governance and management challenges
- Introduction to COBIT 5
- Meeting Stakeholder needs
- Enabling processes

### Day 2

- COBIT processes
- COBIT process components
- Process capability assessments
- Other governance and management enablers

### Day 3

- Exam preparation guidance
- Key COBIT 5 facts
- Practice exam
- Self study

## ASSOCIATED EXAMS AND CERTIFICATION

The COBIT 5 Foundation exam is a closed book format with 50 multiple-choice questions. The pass score is 5%. The Exam duration is 40 minutes with an additional 15 minutes provided for these candidates that English is their second language.